

SCARLATA ELIDE

Researcher ID: <https://orcid.org/0000-0001-5229-3800>

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Degrees

MA in Singing Conservatory of Music A. Scarlatti, Palermo (Italy)

MA in Music Therapy, University of the West of England (UK)

Music therapist trained In Psychophonie Method, Psychophonie International Academy

MA in Italian Literature, University of Palermo (Italy)

Master of specialization for Special Needs Teacher, University of Palermo (Italy)

Other education and expertise

PHD student at Department of Music Therapy, Faculty of Music, Art and culture studies, University of Jyvaskyla.

GIM Fellow (Guided Imagery and Music- Bonny Method) at the Association of Music and Imagery (AMI) <https://www.ami-bonnymethod.org/> and European Association of Music and Imagery (EAMI) <https://www.music-and-imagery.eu/>

Language skills

- Native language Italian
- English

Current employment

Professor of Music Therapy and Coordinator of the MA Music therapy program at the Conservatory of Music A. Scarlatti, Palermo

Project liaison Work Package 3- Music therapy inserted in the Project: Casta Diva. An International Research and Production Digital Platform on Women in Italian Musical Theater.

Project liaison and researcher for IncluMusic project- "Increasing skills for building more inclusive conservatories".

Project liaison and researcher for PROBEN project- "Promotion of the Wellbeing of the University Community"

Previous work experience

She has been working as clinician music therapist since 2006 in several therapeutic and educational institutions in Palermo and Trapani (Italy).

Research output

Articles published

Receptive music therapy to reduce stress and improve wellbeing in Italian clinical staff involved in COVID-19 pandemic: A preliminary study, *The Arts in Psychotherapy*, ISSN: 0197-4556, 70 (2020) 101688, Elsevier Ltd. <https://doi.org/10.1016/j.aip.2020.101688>

MusicTeamCare (MTC): Theory and practice of clinical intervention for music therapists offering remote support to clients during emergencies, *British Journal of Music Therapy*, 1-13, 2022, <https://journals.sagepub.com/doi/10.1177/13594575221117968>

MiDAS-IT (C) 2022 Scarlata, Bieker, Brumat, Ridder & McDermott. Official Italian translation Of Music in Dementia Assessment Scale (MiDAS) Website. University of Aalborg, Denmark <https://www.musictherapy.aau.dk/midas/midas-forms/>- November 5, 2022

Proceedings of the 5th International Conference on Music and Medicine (IAMM), Barcelona (Spain) paper entitled: The ways of Music: Music therapy and Psychotherapy integrated. Gesualdo Editions

Proceedings of the 5th International Conference on Music and Medicine (IAMM), Barcelona (Spain) paper entitled: World Federation of Music Therapy: A Global Perspective of Music Therapy. Gesualdo Editions

Scarlata E., *Corso Musicando 2015*, *Rivista Oltre il confine- le nuove frontiere della riabilitazione*, Anno XX-n.2-2015, pp.10-11

Scarlata E., Italy Country report, *Approaches: Music therapy & Special Music Education/Special Issue "Music therapy in Europe: Paths of professional development"*, 7(1) 2015, pp.161-162

Books Chapter

Scarlata E. (2023). Vocal improvisation with a young girl with multiple and severe disabilities in Heiderscheit, A. & Jackson N. *Clinical Decision-making in Music Therapy. Case studies*. Barcelona Publishers.

Awards and honors

Since 2009 to 2019 she has been a member of the Board at the Italian Association of professional music therapists (AIM).

Since 2013 to 2022 she has been Country Representative of Italy at the European Music Therapy Confederation (EMTC).

Since 2016 to 2022 she has been European Region Coordinator- South for the EMTC Board.

Since 2017 to 2018 has been Regional Liaison Europe for the World Federation of Music Therapy (WFMT).

Since 2022 to 2025 she has been President at the European Music Therapy Confederation (EMTC).

Scientific and societal impact

She presented her work in several symposiums in Italy and abroad such as:

- July 23-27th, 2025- **13th European Music therapy Conference**, Hamburg University of Music and Drama (HfMT), Germany
- April 10-13, 2024 **International Conference Improvisation in Music therapy**, LUCA School of Arts, Leuven (Belgium).
- November 22nd, 2023 **International Symposium: Music. therapy in Italy and Europe: training, profession e research**. Conservatory A. Scarlatti, Palermo
- June 24-25, 2022 **Symposium “Voci e e suoni di dentro e di fuori”**, Conservatory of Music Pollini, Padova (Italy).
- June 2022 **12^o European Music Therapy Conference**, Edimburgh (UK)
- April 2022, **Nordic Music Therapy Conference**, Helsinki (FI)
- October 18-20, 2019, **VII Music Therapy Spanish Symposium**, Segovia (Spain)
- June 2019, **11^o European music Therapy Conference**, University of Aalborg (Denmark)
- June 2018, **5^oInternational Conference of Music and Medicine**, Barcelona (Spain)
- September 2015, International Conference **Ecarte: Cultural Landscapes in Arts Therapies**, Palermo (Italy)
- May 2015, **International Conference: European perspectives on Music Therapy for Special Needs and Geriatrics**, Wurzburg (Germany)

- Organized as **Scientific Referee** and EMTC President for the 10th European Day of Music Therapy the **International Conference** held on November 22, 2023 at the A. Scarlatti Conservatory of Palermo entitled: **Music Therapy in Italy and Europe: training, profession and research**.

